



Adult Registration Form



Unsupervised Roped Climbing & Bouldering

Your personal data and privacy

In order for you to use our facilities, we (Mile End Climbing Wall) require you to fill in all the information on this form. We recommend you read the privacy notice available at reception or at www.mileendwall.org.uk/compliance/privacy-notice. All the data contained on the completed form will be processed in accordance with this notice.

Participation Statement

“The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

Personal Details (please complete in **BLOCK CAPITALS**)

First Name:	Surname:
Postcode:	Tel:
Date of birth:	Email:

I confirm that I have the permission of the person named below for their data to be shared with Mile End Climbing Wall as my contact in case of emergency.

Emergency contact name:	Emergency contact no:
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Conditions of Registration

Once you have read the ‘Roped Climbing & Bouldering Conditions of Use and Rules’ of the climbing centre, you must answer the following questions by writing either **“YES”** or **“NO”** in the box provided then sign the declaration at the bottom of the form.

Write YES or NO
in the boxes below

Are you over 18 years of age?	
Have you read and understood the ‘Climbing & Bouldering Conditions of Use and Rules of the centre?’	
* Can you put on a climbing harness correctly?	
* Can you attach a rope to your harness using a suitable climbing knot?	
* Can you use a belay device to secure a falling climber and lower a climber from the wall?	
Do you require any instruction in any of the above three techniques (marked*)?	
Do you understand that failure to exercise due care could result in your injury or death?	
Do you understand that the matting under the bouldering walls cannot remove the risk of injury?	
Do you have any questions regarding the application of the Conditions of Use or the Rules?	
Do you agree to abide by the Conditions of Use and Rules of the climbing centre?	

Declaration of fitness	I certify that to the best of my knowledge, I do not suffer from a medical condition which might have the effect of making it more likely that I be involved in an accident which could result in injury to myself or others.
Declaration of fact	I also confirm that the above information is correct and that if any information changes I will notify Mile End Climbing Wall

	Please tick the box if you agree to Mile End Climbing Wall (Development Through Challenge) claiming Gift Aid on your membership.	Gift Aid Declaration I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.
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Signature:	Date:
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TO BE COMPLETED BY RECEPTION STAFF	Sample questions asked?	Reg Type
Staff Initials	Induction tour given?	Reg No

Roped Climbing & Bouldering Conditions of Use for Mile End Climbing Wall (MECW)

Risks - "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

Although the climbing centre is an artificial environment the risks involved are no less serious than when climbing outside on a crag or mountain. There is an additional risk that bolt-on holds can spin or break and cause falls.

Please note - Bouldering is climbing without the support of ropes and harnesses. At Mile End Climbing Wall our bouldering goes to a height of 5m. The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT FLOORING DOES NOT MAKE THE CLIMBING ANY SAFER.** Broken and sprained limbs are common on this type of climbing wall despite the soft landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Climbing **beyond your capabilities** on any wall is likely to result in a fall. Any fall may result in an injury despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

Our Duty of Care - The rules of the climbing centre set out below are **not** intended to limit your enjoyment of the facilities. They are part of the **duty of care** that we, as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff will require you to leave our premises.

Your Duty of Care - You also have a duty of care to act responsibly towards the other users of the centre. Statements of 'Good Practice' are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

All climbing at MECW is unsupervised unless you are in an instructed session or supervised by a registered adult.

Unsupervised climbing is just that! - Staff will provide whatever help and advice they can, but instruction in the use of equipment or climbing techniques will only be provided where it has been booked and paid for in advance. If you are not **confident** in the use of any climbing equipment or technique then **do not use** it without the supervision of someone who is competent to do so.

Unsupervised Roped Climbing - Before you climb without supervision the centre expects you to be competent in the use of a climbing harness, a suitable knot to attach a rope to the harness and a belay device to secure a falling climber or lower a climber from the wall using a rope. You are required to register to say that you know how to use the equipment, that you are prepared to abide by MECW Rules and that you understand the risks involved in your participation.

Anyone who has not registered is classed as a **novice** and **must not** undertake roped climbing without supervision.

Supervised Climbing - An adult who has registered at the centre may supervise up to **two** novice climbers as long as they are prepared to **take full responsibility for the safety of those people.** Groups of three or more novices must only be supervised by an instructor holding the relevant Mountain Leader Training Board qualification.

Children - All children in the centre must be in the sight of the supervising adult at all times unless they have been assessed by the management and registered for unsupervised climbing.

An adult may bring a maximum of two children on site per visit.

Helmets - It is the decision of the supervising adult as to whether a child is required to wear a helmet when using our facilities.

RULES

General Safety

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are belaying or spotting a climber. Never stand directly under someone who is climbing.
- Only climb on the climbing surfaces; not on support structures or parts of the building.
- Do not run in the centre.
- Groups instructed by Mile End staff have priority.

Bouldering

- Always climb within your capabilities and descend by the provided descents, down climbing, a controlled jump or, at the very least, a controlled fall.
- Never climb directly above or below another climber.

Top Roping

- Some of the climbs in the centre have top ropes already in place. **Do not take them down to use on other routes.**
- Always use a climbing harness to attach yourself to the rope.

Leading

- When using the lead walls you must supply your own appropriately rated dynamic rope. Do not use the centre's top ropes for lead climbing.
- Running belay attachments (runners) are already provided at intervals on the lead walls. You must clip all the runners on the route you are climbing.

When Belaying

- Always use a belay device attached to your harness with a locking karabiner. 'Traditional', or 'body' belaying is not acceptable.
- The attachment points on the floor are provided to give support to people belaying a climber who is much heavier than they are. Direct belays from the attachment points on the floor are not acceptable.
- Always pay attention to what the climber is doing.
- Always stand as close to the climbing wall as is practical unless you are using one of the attachment points on the floor. Sitting or lying down are not acceptable.

When Climbing

- The ropebay walls are designed to be climbed using a rope for protection. Solo climbing is not acceptable on these walls. Always use a rope to protect yourself on these climbs.
- Always tie the rope directly into the harness using a suitable climbing knot. Clipping in with a karabiner is not acceptable.